

### **Rationale for establishing a recovery steering group**

An aim of the National Drug Strategy, From Harm to Hope, is to deliver a world class treatment and recovery system, with an extra 24,000 people entering long-term recovery across England.

Locally, some of the aims from Derbyshire's Substance Use Strategy that are linked to recovery, include:

- Make recovery more visible and reduce stigma.
- Improve the links across the treatment and recovery system.
- Ensure people looking for support with their recovery know what is available.
- Support the building of vibrant recovery communities across Derbyshire - that reflect its geographical and socially diversity.
- Support people with lived experience to establish community-based initiatives that could develop into LERO's (Lived Experience Recovery Organisations).
- Develop an inclusive, co-produced and co-owned recovery strategy, which is understood by all key partners, including those in recovery.
- Establish a recovery leadership group (this group) with broad, inclusive membership which is transparent in its decision making and enables collective development of the local recovery system.

Multiple organisations and individuals play their part in leading, delivering and supporting recovery, from commissioners and funders to provider organisations and people with lived experience.

A Recovery Steering Group will offer a forum for collective exploration and planning for the recovery system in Derbyshire and harness the best of all that individuals and organisations have to offer. It will lead by example, by not just listening to those in recovery but co-producing solutions, embracing innovation and building an inclusive system which is responsive and supportive.

#### **1. Overall purpose of the steering group**

Derbyshire Recovery Steering Group will work in partnership to maximise recovery opportunities and the recovery capital of people recovering from substance use in Derbyshire.

- Recovery Capital (RC) describes the resources that can be accumulated as recovery progresses. Recovery capital can include:
  - Personal Recovery Capital (e.g. better health, mental health and wellbeing, housing, being crime free, opportunities like learning, volunteering and employment, life satisfaction)
  - Social Recovery Capital (e.g. strong social and family relationships, including peers). Social RC is especially key at the start as the initiation of recovery requires high levels of trust.
  - Community Recovery Capital (resources and assets available to individuals in their communities)

The Derbyshire Recovery Steering Group will act as a forum for the discussion of recovery capital, identifying resources and needs and also seeks to advocate for increased partnership effectiveness and service developments.

## **2. Objectives of the steering group**

The objectives of the Derbyshire Recovery Steering Group are:

- To provide a forum for collective exploration and decision making and agree direction of travel.
- To enable linkages between the various strands of recovery to ensure all components of recovery work are considered collectively and strategically.
- To support the implementation of the recovery part of the Derbyshire Substance Use strategy by members of the group leading on priority work areas.

## **3. Meeting etiquette (Big Tent Rules)**

A big tent approach ensures that, while members of the meeting cover a broad spectrum of beliefs, respect is shown to all members, members are treated equally, and all voices are equally valid in discussions and decision making.

## **4. Initial work strands to be discussed and owners of each strand**

Some key areas/work strands that the group could discuss are:

- Develop a recovery strategy for Derbyshire.

- where do we want to get to / shared vision / recovery needs and assets / agreeing the Derbyshire approach to measuring Recovery / mapping recovery journeys
- Recovery Communications & Digital Strategy – events, activities, social media presence, etc
- Developing LERO(s) in Derbyshire
- Coordination of events etc
- How do we plan collectively for recovery events
- Pathways between services
- Understanding the recovery needs of people in Derbyshire

## **5. Membership**

The membership will include representatives from different areas include lived and living experience, including affected others, together with representatives from a wide range of services and organisation from across the recovery system in Derbyshire.

### **Permanent members**

- People representing the voice of Lived & Living Experience, including affected others
  - Individuals with lived and living experience
- Derbyshire County Council
  - Public Health Lead with responsibility for Recovery
  - Health Improvement Practitioner for Lived Experience
  - Health Improvement Practitioner for Recovery
  - Business Services Officer
  - Public Health Commissioning Team
- Organisations that deliver DCC funded recovery projects in Derbyshire.
  - Represented via a rotating panel of people who work within the projects, with a maximum of three at each meeting, one of whom will act as a standing member to ensure consistency.
- Adult integrated treatment and recovery service - Derbyshire Recovery Partnership
  - Phoenix Futures
    - Recovery Connector Team

- Recovery through Nature Programme
  - Treatment key working team
  - Residential Rehabilitation pathways
  - Derbyshire Addiction Advice Service
    - Recovery Website Development Team
  - Derbyshire Healthcare NHS Foundation Trust
  - Intuitive Thinking Skills
- Recovery Space Provider

### **Additional members**

Any organisation or stakeholder who has an interest in maximising the recovery capital of people in recovery from substance use in Derbyshire. Non-permanent members of the group would need voting in by the permanent group members.

This could include, for example:

- Derbyshire based Mutual Aid and Faith Based Recovery supports.
- Other community-based organisations that work with people in recovery.

### **6. Location of meetings**

Meetings are to be held in a variety of different methods, including Microsoft Teams and 'in-person'.

In person meetings would need to be moved around the county and could be used for task and finish groups to meet if appropriate.

Microsoft Teams Meetings can be recorded solely for the purpose of for minuting, action points and notes as long as it is agreed by the group.

Subgroups/task and finish groups may be established to work on specific priorities. The method of how they meet will be agreed by the membership of those groups.

## **7. Attendance at the meetings**

The Derbyshire Substance Use Recovery Steering Group may wish to invite other members of staff as and when required.

## **8. Quoracy – having enough members to carry out business**

The minimum quoracy for the Derbyshire Recovery Steering Group to carry out business is one representative from the following areas of the recovery system:

- DCC Public Health Dept
- DCC funded Recovery Projects
- Adult Treatment Provider – Derbyshire Recovery Partnership

We will seek to have a lived experience participant representation at the steering group but understand that this may not be possible. Where this isn't possible, we recognise that this may require a deferred decision on a particular topic to allow their input.

We also acknowledge that some of the professionals within the Derbyshire recovery system will also have lived experience.

## **9. Processes**

The meeting will be chaired by Public Health Lead for Recovery and although Derbyshire County Council's Public Health Department hold the responsibility that the group must use public funds appropriately, the group will seek to operate as a flat structure where everyone gets an equal say with co-production at its heart. All members will be supported to seek the views of the groups they represent.

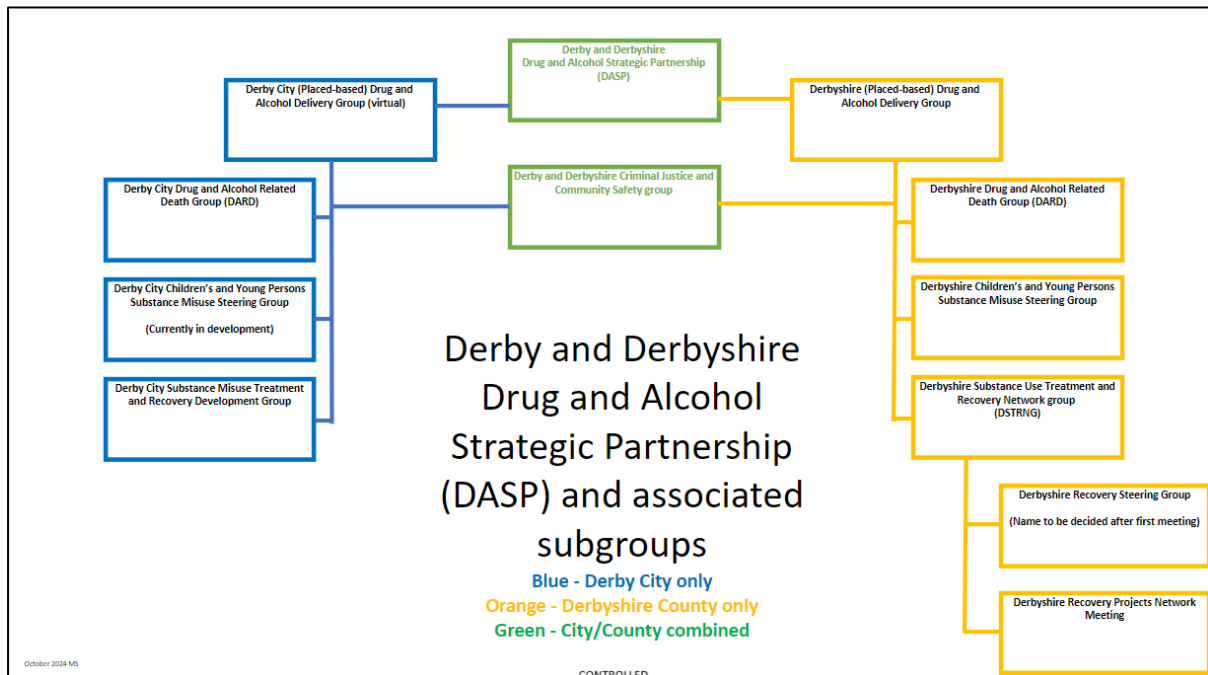
Derbyshire County Council will provide administrative arrangements through a Business Services Officer.

## **10. Reporting arrangements**

The Recovery Steering Group will report to the Derbyshire Substance Use Treatment and Recovery Networking Group (DSTRNG).

The DSTRNG will report to the Derby and Derbyshire Drug and Alcohol Strategic Partnership (see graphic below). The DASP is made up of high level leaders across the substance use system in Derbyshire and Derby City

(Directors or Public Health and Chief Executives of NHS Trusts for example) and is responsible for setting the priority areas for action.



## 11. Frequency of meeting

There is an agreement to 'front load' the steering group meetings to enable the group to become established and agree on priorities. The initial schedule will be as follows:

Meeting 1 - 23 Oct 2024 10:00-11:30

Meeting 4 - 21 Feb 2025 10:00-11:30

Meeting 2 - 13 Dec 2024 10:30-12:00

Meeting 5 - 26 Mar 2025 11:00-12:30

Meeting 3 - 24 Jan 2025 10:30-12:00

Meeting 6 - 30 Apr 2025 10:30-12:00

At the 30 April 2025 meeting, there will be an agenda item to discuss the frequency of meetings to see if this monthly frequency will be changed.

### Subgroups/task and finish groups frequency

Subgroups/task and finish groups may be established to work on specific priorities. The frequency and method of how they meet will be agreed by the membership of those groups.

## **12. Review**

The terms of reference will be reviewed annually. The next date to review the ToR is 12 months from the date the group agree on a final version.

The Derbyshire Recovery Steering Group meeting will remain in place until it is decided by the membership that it is no longer required.

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